*PLEASE NOTE:-* ANY SWIMMER EXCEEDING THEIR BEST GIVEN TIMES *BY 15% WILL*

*BE DISQUALIFIED* - AND WILL BE PRESENTED WITH A ‘SPEEDING TICKET’!

ALL COMPETITORS *SWIMMING BREAST STROKE* ARE REQUIRED, BY A.S.A. RULES, TO TOUCH THE WALL WITH 2 HANDS TOGETHER AT THE FINISH *WHERE POSSIBLE*.

Unfortunately we CANNOT ACCEPT late entries for the swimming gala.

THE POOL IS 25m LONG SO PLEASE SUBMIT YOUR BEST TIME OVER 25m/50M

number of relay teams ……… (4 swimmers per team)

COMPETITORS MAY ENTER 3 EVENTS + RELAY

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| FULL NAMEPLEASE PRINT | W/C | VISIMP. | HEARIMP. | BREASTSTROKE25M | FREESTYLE25M | BACKSTROKE25M | FREESTYLE50M | FREESTYLERELAY |
| MALE COMPETITORS |  |  |  |  |  |  |  |  |
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| FEMALE COMPETITORS |  |  |  |  |  |  |  |  |
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