THE QUEEN’S DIAMOND JUBILEE CENTRE

COMPETITORS MUST CHECK THEY ARE MEDICALLY FIT BEFORE TAKING PART

GUTTERING - may be used in Section D (have-a-Go) but only if competitor cannot throw

3 MIN. SCRABBLE –

How many words can be made in 3 mins. from a pre-selected group of letters.

TABLE TENNIS - Competition format according to entries.

DARTS - Knock out competition. 301 up - straight start - end on double.

POOL - 8 ball knock out competition.

DOMINOES AND DRAUGHTS – in the ENTRANCE HALL

FIELD SPORTS - Those under 12 years old on the day cannot enter the Field Sports.

3 events – Discus, Long Jump and Throwing the Rugby Ball.

These will be run as ‘Have a Go’ events between 11.30 and 1pm.

PLEASE NOTE - Competitors who are still involved with

section A or B sports MUST REMAIN THERE BEFORE going over to Field Sports.

PLEASE COMPLETE THE SWIMMING FORM

AS WELL AS THE MASTER FORM FOR SWIMMERS.